

SENIOR ADVISORY COMMISSION
Milpitas City Hall, Committee Room
455 E. Calaveras Blvd.
August 22, 2006, 1:30 PM

AGENDA

A. CALL TO ORDER: Chairperson Denny Weisgerber, Mary Banick, Ed Connor, Bal Daquigan
Joyce Dovlet, Barbara Ebright, Amanda Santos, Albert Wang, and Joanne Wood

Alternates: Florentino Menor and Bernice Wrinkle

B. SEATING OF ALTERNATES:

C. FLAG SALUTE:

D. ADOPTION OF AGENDA: August 22, 2006

E. APPROVAL OF MINUTES: June 27, 2006

F. FINANCIAL REPORT: June 1, 2006 – July 31, 2006

G. PUBLIC FORUM:

Members of the audience are invited to address the Commission on any subject not on the agenda. Speakers must supply their name and address for the record and limit their remarks to three (3) minutes. As an unagendized item, no response is required of City staff or the Commission; however, the Commission may agendize the item for a future meeting.

H. ANNOUNCEMENTS/CORRESPONDENCE

- Summer Concert Series at Murphy Park, 6-8 p.m. (8/22, Philtered Soul & Angelica del Carmen)
- Kaiser Wellness Presentations as follows: “Sit and Fit” Live at 10:30 a.m. on September 7th at the Senior Center and “Small Steps to Healthier Families” at 7 p.m. on October 10th at the Community Center.

I. OLD BUSINESS:

1. Senior Center Craft Fair – Jennifer Tagalog, Recreation Services Supervisor

Background: The Senior Center will be hosting a one day Craft Fair at the Senior Center on Saturday, October 21, 2006, from 10:00 a.m.–3:00 p.m. Staff thought the Senior Advisory Commission might be interested in a fundraising opportunity with either a food booth (which would require food supplies to be purchased through the Commission’s budget), or a raffle at the event (with the prize(s) donated or purchased through the Commission’s budget). The event will be open to the public with free admission.

At the June 27, 2006, Senior Advisory Commission meeting, the Commission expressed interest in having a food booth and requested that staff research the possibility of having a popcorn machine at the event. The City of Milpitas does have a popcorn machine available, which would be free of charge, however, the popcorn supplies would need to be purchased. Staff suggests offering donuts, bagels, and coffee in the morning and hot dogs with condiments, chips, water and pre-packaged cookies available in the afternoon. If the Commission is interested, it would be necessary to have at least 2-3 Commission volunteers to assist in shifts at the event. Staff would be able to purchase the necessary supplies and would charge them to the Commission budget.

Recommendation: Discuss and advise staff accordingly.

J. NEW BUSINESS:

1. The HEALTH Trust “Meals on Wheels” Presentation – Renee Kelly Thorne, Director

Background: A representative from The HEALTH Trust will provide a presentation on the Meals on Wheels Programs. She will review the history of the program, the Mission, Who They Serve, Getting Started on the Program, Individualized Nutrition, Delivery Schedule, Meal Contribution, Gifts of Support, and Volunteering.

Recommendation: Note, receipt and file

2. Senior Corps Companion Program

Background: At the June 27, 2006, Senior Advisory Commission meeting, Milo Larsen spoke at Citizen’s Forum regarding the Senior Corps Companion Program and distributed information about the program. The Senior Companion Program serves frail older adults, adults with disabilities, those with terminal illnesses, and offers respite for caregivers. They assist their adult clients in basic ways: offering companionship and friendship to isolated and frail adults; assisting with simple chores; providing transportation; and adding richness to their clients’ lives. Companions are individuals ages 60 or over who want to help adults with special needs to remain independent and living in their own home. To participate in the Senior Companions program, volunteers must be 60 or over and be able to serve between 15 to 40 hours a week. Senior Companions make connections with other adults and know they are making significant contributions to their lives. In addition, they receive the following: pre-service and monthly training sessions; reimbursement for transportation; some meals during service; an annual physical; accident and liability insurance while on duty; and income-eligible Senior Companions also receive a modest, tax-free stipend to offset the cost of volunteering. The Commission requested Milo Larsen get additional information on how such an office would be set-up and how the program operated. Milo Larsen, provided city staff with the below information.

The following procedures would need to occur in order to establish a Senior Corps office in Milpitas:

- 1) The sponsoring agency would need to apply for a grant (there is a section on the Senior Corps website for e-grants). If funding is available, they would be awarded;
- 2) The sponsoring agency would have to agree to match funds as the sponsoring agency;
- 3) The sponsoring agency would have to agree to hire a staff person to administer the office. The administrator or manager of the office has to work for the sponsoring agency.

Recommendation: Discuss and advise staff accordingly.

3. BINGO Committee – Jennifer Tagalog, Recreation Services Supervisor

Background: The Milpitas Senior Center will be receiving a new bingo board in approximately 4 weeks. Staff felt it would be valuable to create a sub-committee to research what other Senior Centers in the area are doing with respect to offering BINGO to determine the following: if the minimum buy-in of \$2.00 is sufficient, if BINGO should be offered more than one day a week, and/or if the center should consider going to the dabber system. Staff suggests having one member of Senior Advisory Commission, a City Staff Representative and 2-3 people who play BINGO regularly to serve on the sub-committee to do research and forward recommendations to the Commission.

Recommendation: Discuss and advise staff accordingly.

K. OTHER BUSINESS:

1. Staff Reports

1.1 Recreation Services Report – Jennifer Tagalog, Recreation Services Supervisor

Senior Programs

August

28 Thunder Valley Casino Trip, 7:45 a.m. – 5:30 p.m.

30 Bingo, 1:00 p.m.

September

4 Senior Center Closed – Labor Day

5 VTA Photos, 10 a.m. – 12:00 p.m.

- 6 Bingo, 1:00 p.m. (also on 13, 20, and 27)
- 7 Kaiser Sit & Fit Presentation, 10:30 a.m.
- 8 Wally's Rhythm Rascals, 10:30 a.m.
- 12 Potluck Supper & Bingo, 5:00 p.m.
- 14 Local Shopping Trip, 10:30 a.m.
- "Domestic Violence" presentation, 11:00 am
- 17 Banjo Jubilee Trip – Full
- 18 Registration begins for Oct/Nov classes
- Poker lesson session (and on September 25), 1:30 pm
- 19 Birthday Party with the Bins
- 21 Santa Cruz Follies Trip – Full
- "Protecting Yourself Against Abusive Mortgages" presentation, 10:30 am
- "Avoiding Reassessment & Higher Property Tax" presentation, 1:00 pm
- 22 Wally's Rhythm Rascals, 10:30 a.m.
- Passport Services, 11:00 am-1:00 pm
- 23 "My Fair Lady" Trip, 11:00 a.m.
- 25 Black Oak Casino Trip, 7:45 a.m. – 5:30 p.m.
- 26 Craft Project Day, 10:00 a.m.
- 29 Senior Center Idols (Karaoke), 10:30 a.m.
- 30 AARP Sock Hop, 6:30 – 10:00 p.m.

October

- 2 Texas Hold'em Poker Tournament, 1:00 pm
- 4 Bingo, 1:00 p.m. (also October 11, 18, and 25)
- 5 Hakone Gardens Trip – Full
- 6 Wally's Rhythm Rascals, 10:30 a.m.
- 9 Healthier Living Series begins, 1:00 pm (runs through November 13)
- 10 Potluck & Bingo Game, 5:00 p.m.
- 12 Treasure Island Culinary Trip, 10:30 a.m. depart
- 17 Birthday Party at Lunch program
- 19 Shopping Trip, 10:30 a.m.
- 20 Wally's Rhythm Rascals, 10:30 a.m.
- Smoothie Class, 2:30 pm
- 21 Senior Center Craft Faire, 10:00 a.m. – 3:00 p.m.
- 24 Craft Project Day, 10:00 a.m.
- Senior Advisory Commission Meeting, 1:30 p.m.
- 26 AARP Driving Class (Thursday and Friday)
- Afternoon Dance with the "4 Pennies & A Token"
- 27 Senior Center Idols (Karaoke), 10:30 a.m.
- Passport Services, 11:00 a.m. – 1:00 p.m.
- 30 Jackson Rancheria Casino Trip, 7:45 a.m. – 5:30 p.m.
- 31 Halloween – Music with Rosalinda

1.2 Senior Center Nutrition Report – Roseann Costabile, Nutrition Site Manager

- Nutrition Program – **June:** Daily average 81 participants, 1,792 meals were served.
- Transportation – 458 nutrition program riders.
- Nutrition Program – **July:** Daily average 87 participants, 1,746 meals were served.
- Transportation – 473 nutrition program riders.

2. Liaison Reports

- 2.1 City Council Report – Debbie Giordano
- 2.2 Council on Aging Advisory Commission – Denny Weisgerber
- 2.3 AARP – Joanne Wood / Mary Banick
- 2.4 Arts Commission Report – Linda Rabe
- 2.5 Parks, Recreation & Cultural Resources Commission – Kathryn Gray

3. Future Agenda Items

L. ADJOURNMENT

Next Senior Advisory Commission Meeting

Tuesday, October 24, 2006, 1:30 pm, City Hall Committee Room, 455 E. Calaveras Blvd.

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Government's duty is to serve the public, reaching its decisions in full view of the public. Commissions, boards, councils and other agencies of the City exist to conduct the people's business. This ordinance assures that deliberations are conducted before the people and the City operations are open to the people's review. FOR MORE INFORMATION ON YOUR RIGHTS UNDER THE OPEN

GOVERNMENT ORDINANCE OR TO REPORT A VIOLATION OF THE ORDINANCE, CONTACT
THE OPEN GOVERNMENT COMMISSION

at the City Attorney's office at the Milpitas City Hall, 455 E. Calaveras Blvd, Milpitas, CA 95035.

E-mail: rpioroda@ci.milpitas.ca.gov

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